

# Tips for plastic bag-free shopping



- **Take your own shopping bag**

Whatever it's made from, taking your own bag when you go shopping is the best option.

- **Reuse a cardboard box to carry your shopping home**

- **Take your own produce bags to the market or supermarket to weigh your fruit and vegetables**

*"Always forget your reusable bags?"*

## Here are some ideas for BYO bag reminders

- Keep the bags in the boot of your car
- Leave your car keys on top of your reusable bags
- Get your kids to remind you
- Attach your shopping list to the bags
- Leave your bags on the doorknob or in an obvious place near your front door so you see them when leaving the house
- Sit on them in the car so that when you arrive at the shops you see them
- Stick a post-it note on your steering wheel reminding you to take them in



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